

Lessons learned in CZ

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Returned from a nice short camp in Czech republic I can just give a positive summary. Special thanks to the team from Slavia Hradec Kralove for giving us the possibility to join their trainings. Was good fun! Despite the poor weather conditions, i think i learned some good lessons:

- use the vegetation details
- perfect direction is crucial, also on "easy" legs
- controls in the gullies can be very tricky
- some features are small, really small
- snow is cold

I did 7 O-Trainings in 4 days:

- Friday afternoon: line orienteering and some controls: [map](#)
- Saturday morning: middle distance training: [map](#)
- Saturday afternoon: middle distance training: [map](#)
- Saturday evening: eastern night o: [map](#)
- Sunday morning: keep contact: [map](#)
- Sunday afternoon: route choices
- Monday morning orienteering intervals: [map](#)